



# dōTERRA WOMEN

dōTERRA WOMEN is a new line of products formulated to address the unique and changing health needs of women. Beginning as a young adult, almost every function of a woman's body will be controlled by hormones. A balance of normal hormone levels will influence a woman's good health and emotional well-being from her early teens to her transition through menopause. Phytoestrogen Lifetime Complex™ and Bone Nutrient Lifetime Complex™ provide nutritional support to help manage the hormonal factors associated with degenerative conditions associated with menopause and aging, while Solace™ monthly essential oil blend provides temporary relief from the emotional and physical symptoms associated with regular hormone cycles in women. Based on the latest scientific research and standardized plant extracts, the dōTERRA Women line of products provides natural support for women throughout the different phases of their lifetime.

## PHYTOESTROGEN LIFETIME COMPLEX™

dōTERRA Women Phytoestrogen Lifetime Complex is a blend of natural plant extracts that support hormone balance throughout the different phases of a women's life. Phytoestrogen Lifetime Complex include a standardized soy extract with genistein, a powerful phytoestrogen that binds with estrogen receptors in cells, and the natural phytoestrogens in pomegranate. It also includes a concentrated extract of flax seed lignans to help manage potentially harmful metabolites that are produced when estrogen is metabolized in the liver. Balancing hormones and managing harmful metabolites by eating a healthy diet rich in phytoestrogens and other essential nutrients, exercising, and managing weight can help reduce uncomfortable symptoms associated with PMS and the transition through menopause and supports healthy bones, heart, breast tissue, and other body structures and functions as a women ages

3526      60 capsules      Retail Price: \$52.67

## BONE NUTRIENT LIFETIME COMPLEX™

Women begin to build bone mass at an early age reaching a maximum bone density in their late twenties. As a woman ages, bone mass begins to decline and bones become more brittle. Declining bone density and health can be accelerated in women whose diets do not include optimal levels of bone nutrients and whose hormones are out of balance. Not managing harmful estrogen metabolites can also accelerate bone degeneration or wasting. dōTERRA's Bone Nutrient Lifetime Complex is a blend of vitamins and minerals that are essential for bone health including vitamins C and D, calcium, magnesium, and other trace minerals. Bone Nutrient Lifetime Complex can be used by women (and men) of all ages as a dietary supplement to conveniently increase consumption of the bone nutrients found in healthy foods but often deficient in our modern diets.

3524      120 capsules      Retail Price: \$23.33

## SOLACE™ MONTHLY ESSENTIAL OIL BLEND

dōTERRA Women's Solace is a proprietary blend of Certified Pure Therapeutic Grade® essential oils that have been traditionally used to balance hormones and manage symptoms of PMS and the transitional phases of menopause. Solace is a topical blend of clary sage, lavender, bergamot, Roman chamomile, cedarwood, ylang ylang, geranium, fennel, carrot seed, palmarosa, and vitex that provide temporary respite from cramps, nausea, hot flashes, and the emotional swings sometimes associated with regular hormone cycles in women.

3527      10 ml roll-on      Retail Price: \$32.67

