

dōTERRA™ SINGLE ESSENTIAL OILS QUICK REFERENCE CHART

	APPLICATION			SKIN SENSITIVITY			ORDER #	RETAIL	PAGE
	AROMATIC	TOPICAL	INTERNAL	NEAT	SENSITIVE	DILUTE			
Basil <i>Ocimum basilicum</i>	A	T	I	N			3001	\$26.67	08
Cassia <i>Cinnamomum cassia</i>	A	T				D	3002	\$25.33	08
Cinnamon <i>Cinnamomum zeylanicum</i>	A	T	I			D	3003	\$28.00	08
Clary Sage <i>Salvia sclarea</i>	A	T	I	N			3042	\$48.67	08
Clove Bud <i>Eugenia caryophyllata</i>	A	T	I			D	3004	\$18.67	10
Cypress <i>Cupressus sempervirens</i>	A	T		N			3005	\$20.67	10
Eucalyptus <i>Eucalyptus radiata</i>	A	T			S		3006	\$18.67	10
Frankincense <i>Boswellia frereana</i> top seller	A	T	I	N			3007	\$93.00	10
Geranium <i>Pelargonium graveolens</i>	A	T		N			3009	\$36.00	11
Ginger <i>Zingiber officinale</i>	A	T	I		S		3008	\$38.67	11
Grapefruit <i>Citrus X paradisi</i>	A	T	I	N			3010	\$21.33	11
Helichrysum <i>Helichrysum italicum</i>	A	T		N			3041	\$100.00	11
Lavender <i>Lavandula angustifolia</i> top seller	A	T	I	N			3011	\$28.00	12
Lemon <i>Citrus limon</i> top seller	A	T	I	N			3012	\$13.33	12
Lemongrass <i>Cymbopogon flexuosus</i>	A	T	I		S		3013	\$13.33	12
Marjoram <i>Origanum majorana</i>	A	T	I	N			3014	\$25.33	12
Melaleuca <i>Melaleuca alternifolia</i> top seller	A	T	I	N			3015	\$25.33	13
Myrrh <i>Commiphora myrrha</i>	A	T		N			3016	\$69.33	13
Oregano <i>Origanum vulgare</i> top seller	A	T	I			D	3018	\$32.00	13
Peppermint <i>Mentha piperita</i> top seller	A	T	I		S		3019	\$27.33	13
Rosemary <i>Rosmarinus officinalis</i>	A	T	I	N			3020	\$42.67	13
Sandalwood <i>Santalum album</i>	A	T	I	N			3021	\$82.33	13
Thyme <i>Thymus vulgaris</i>	A	T	I			D	3022	\$36.67	13
Vetiver <i>Vetiveria zizanioides</i>	A	T	I	N			3043	\$46.00	13
White Fir <i>Abies alba</i>	A	T		N			3025	\$26.67	14
Wild Orange <i>Citrus sinensis</i> top seller	A	T	I	N			3017	\$14.00	14
Wintergreen <i>Gaultheria procumbens</i>	A	T			S		3023	\$21.33	14
Ylang Ylang <i>Cananga odorata</i>	A	T	I	N			3024	\$47.00	14

APPLICATION METHODS A Can be used aromatically T Can be used topically I Can be used internally

SKIN SENSITIVITY N Can be used topically with no dilution (NEAT) S Dilute for young or sensitive skin (SENSITIVE) D Dilute before using topically (DILUTE)

dōTERRA™ ESSENTIAL OIL BLENDS QUICK REFERENCE CHART

	APPLICATION			SKIN SENSITIVITY			ORDER #	RETAIL	PAGE
	AROMATIC	TOPICAL	INTERNAL	NEAT	SENSITIVE	DILUTE			
Balance <i>Grounding Blend</i> <i>(spruce, rosewood, frankincense, blue tansy)</i>	A	T		N			3101	\$26.67	16
Breathe <i>Respiratory Blend</i> <i>(laurel leaf, peppermint, eucalyptus, melaleuca, lemon, ravensara)</i>	A	T			S		3107	\$26.67	16
Citrus Bliss <i>Invigorating Blend</i> <i>(wild orange, lemon, grapefruit, mandarin, bergamot, tangerine, clementine, vanilla)</i>	A	T		N			3102	\$20.00	16
Deep Blue™ <i>Soothing Blend</i> <i>(wintergreen, camphor, peppermint, blue tansy, blue chamomile, helichrysum, osmanthus)</i>		T			S		3105	\$42.67	16
DigestZen™ <i>Digestive Blend</i> <i>(ginger, peppermint, tarragon, fennel, caraway, coriander, anise)</i>	A	T	I	N			3103	\$41.33	18
Elevation™ <i>Joyful Blend</i> <i>(lavandin, tangerine, elemi, lemon myrtle, melissa, ylang ylang, osmanthus, sandalwood)</i>	A	T		N			3104	\$49.33	18
On Guard™ <i>Protective Blend</i> <i>(wild orange, clove, cinnamon, eucalyptus, rosemary)</i>	A	T	I		S		3110	\$42.67	18
Purify <i>Cleansing Blend</i> <i>(lemon, lime, pine, citronella, melaleuca, cilantro)</i>	A	T		N			3106	\$24.00	19
Serenity <i>Calming Blend</i> <i>(lavender, sweet marjoram, roman chamomile, ylang ylang, sandalwood, vanilla bean)</i>	A	T		N			3109	\$40.00	19
TerraShield™ <i>Repellent Blend</i> <i>(proprietary blend)</i>	A	T		N			3119	\$12.67	19
Whisper™ <i>Blend for Women</i> <i>(rose, jasmine, bergamot, cinnamon, cistus, vetiver, ylang ylang, cocoa, vanilla, sandalwood, patchouli)</i>	A	T		N			3108	\$32.00	19

APPLICATION METHODS

- A** Can be used aromatically
- T** Can be used topically
- I** Can be used internally

SKIN SENSITIVITY

- N** Can be used topically with no dilution (NEAT)
- S** Dilute for young or sensitive skin (SENSITIVE)
- D** Dilute before using topically (DILUTE)